

About the Lethbridge Community Garden Network

Hosted by Environment Lethbridge, the Lethbridge Community Gardens Network (LCGN) brings together a variety of perspectives, skill sets, and values that are all linked in various ways to community gardens. The members of the LCGN will use their skills and experience to guide community gardens in Lethbridge. The work of the LCGN is informed by the following five goals:

- Improve food security
- Increase available resources for community gardens
- Increase awareness on the benefits of community gardens
- Increase the number of people gardening in Lethbridge
- Increase the number of "bumping spaces" in neighbourhoods



Contact Us:

info@environmentlethbridge.org
facebook.com/groups/YQLCommunityGardens

What is a community garden?

grow
food

Community gardens empower individuals to grow their own food during the growing season; in doing so they foster learnings on how and where food comes from, how to grow it, how to use it, and how to store it.

meet
neighbours

A community gardens can be a place where neighbours discuss and act on important social, cultural, economic, and environmental and community issues, or be more informal and allow people to put aside their concerns and simply enjoy the company and conversation around them.

connect
to
nature

The constant connection to the land and the management of their crops has the potential to create an understanding of the value of sustainable practices such as water conservation, soil care, natural pest management, pollinator support and encouragement, and food waste management.

build
community

Community gardens can be accessible spaces to strengthen neighborhood connections by enabling: community participation, learning, culture sharing, and relationship building.

spend
time
outside

Community gardens can be places that draw individuals to the outdoors for the purpose of caring of their crops. This activity allows individuals to build healthy lifestyle habits and to learn the value our natural resources.

How does it work?

There are a few different types of community gardens: collective and allotment are the most common, but some gardens are considered learning gardens.

Collective Community Garden

These gardens follow the premise of "all for one harvest, one harvest for all," where everyone contributes their efforts to one large garden from which everyone shares the harvest. Growing communally requires a significant degree of cooperation and works best with a small number of participants.

Allotment Community Gardens

Public community gardens in Lethbridge are already divided into plots, which can be maintained by an assigned gardener, who is able to come and go on their own schedule. This style works well to facilitate varying schedules and allow independence for gardeners.

Learning Community Gardens

Not everyone is a seasoned gardener but gardening has many benefits, which can be experienced by anyone. Providing space for a learning garden, which can be incorporated into a collective garden plot, can provide an opportunity for gardeners of all levels to learn everything from the basics to advanced gardening tools and techniques and sustainable practices.

For information about specific gardens and plot availability, contact the garden directly.

Community Gardens in Lethbridge

Currently, there are seven community gardens in Lethbridge.

Campus Roots

Located at the intersection of Parkway Road W and Aperture Way on the University of Lethbridge Campus.

<https://sites.google.com/site/campusroots/>
campusroots@gmail.com

Westminster Neighbourhood Garden

Located at the corner of 8th Avenue North and 15th Street North.

info@westminsterng.com
<https://www.facebook.com/westminsterng/>

Copperwood Circle Community Garden

West of Coalbanks Elementary School (249 Coalbanks Blvd W)

copperwoodcirclegarden@gmail.com

Legacy Ridge Community Garden

Behind St. Teresa of Calcutta School (235 Mildred Dobbs Blvd N)

stephanie.olsen@sacla.ca

Interfaith Learning Garden

1103 3 Ave N, Lethbridge

garden@interfaithfoodbank.ca

Kinsmen Open Community Garden

In Kinsmen Park behind the Lethbridge Fish & Game Hut (9 Ave & 10 St S)

kinsmenopengarden@gmail.com

Grow It! Community Garden

North Lethbridge at the Animal Shelter

<https://www.facebook.com/growitcommunitygarden/>
ekd@telusplanet.net